

## Essential First Aid - Online

4 Hour Course (eLearning)



4 Hrs



eLearning



### Overview

This **4 hour** Essential First Aid course is designed for teachers and support staff who need a knowledge of first aid to support the school's qualified first aiders. This training will give you the confidence to act quickly and effectively in a first aid situation and provide immediate first on the scene help while waiting for a qualified first aider.

This course is great as a supplement to your current first aid training however, **it does not meet the risk assessment needs for qualified first aiders, as per HSE and DfE guidelines.**

Tigerlily Training use scenario based training techniques as these are proven to maximise recall and provide learners with the skills, knowledge and confidence to act effectively when emergencies arise.

### What to expect

- Fully interactive eLearning
- Certificate of Achievement
- Suitable for anyone working with children

## Location, Duration, and Numbers

This 4 hour online course is accessed online via the portal on our website; once you have booked we will email you your login details, all you need is a smartphone/computer/tablet and access to the internet.

## Refresher Training

The HSE recommend learners update their skills annually.

## Course content

- Roles & Responsibilities of the First Aider
- Assessing an Emergency Situation & Prioritising Action
- Unresponsive Casualty (Not Breathing)
- Unresponsive Casualty (Breathing)
- Choking
- Minor Injuries
- Extreme Temperatures
- Head Injuries
- Anaphylaxis
- Asthma
- Bites & Stings
- Bone , Muscle and Joint Injuries

## Availability

This is an **online** course

## Duration

This is a **4 hour** course

## Assessment

Learners will need to complete a **final assessment** at the end of the course

## Certification

On completion of the course you will receive an Essential First Aid **certificate** valid for **1 year**.

Tigerlily Training are a **TQUK** accredited training centre

This is not a recognised workplace qualification for the purposes of the Health and Safety (First Aid) Regulations 1981

To book a course or for more information, call us today on **0300 3020 999** or visit **[www.tigerlilytraining.co.uk](http://www.tigerlilytraining.co.uk)**