

# Course Factsheet

Tigerlily

## CTQ Level 3 First Aid at Work



### About this Qualification

Our OFQUAL regulated FAW is ideally suited to workplaces where a risk assessment has identified the need for staff to possess appropriate first aid skills and knowledge.

This qualification can be delivered as a two day face to face for those holding a current FAW or as three day face to face or blended option

#### Who is this Course for

All higher risk workplaces that have identified a need for comprehensive first aid such as engineering and assembly work, food processing, warehousing, extensive work with dangerous machinery or sharp instruments, construction, chemical manufacture.  
People new to first aid.  
People needing to renew their first aid skills and knowledge.



**12 hrs  
+ 6 hrs**



**In house e-learning**



#### A typical learner:

is at least 16 years old  
is able to perform practical tasks at floor level  
has a minimum of Level 2 in literacy and numeracy or equivalent

### Location, Duration and Numbers



Trainer led course delivered in an outdoor environment

**12 hrs  
+ 6 hrs**

As per HSE guidelines we restrict our courses to 12 learners per trainer

\*no limit on number of trainers we can provide

## Qualification Content

This qualification will cover a range of areas based on the casualty being in an outdoor environment away from immediate emergency care.

- HSE and Forestry Policy
- Role and responsibility of the First Aider in an outdoor environment
- Infection control in an outdoor environment
- Risk Management/identifying risks
- Evacuation and worst-case scenario planning
- Unresponsive Casualty (Primary Survey)
- Unresponsive Casualty (breathing and not breathing)
- CPR/AED
- Seizures
- Choking
- Severe Bleeding/Internal Bleeding/amputation/Shock
- Minor Injuries
- Electric Shock/Burns
- Crushing Injuries
- Falling from height & Spinal Injuries
- Suspension Trauma
- Poisoning, bites and stings
- Heat Exhaustion and Hypothermia



## Refresher Training

The HSE recommends learners update their skills annually.



## Certification

Certification will be sent on successful completion of assessment. Certificates will be valid for 3 years and meet the requirements of the HSE First Aid Policy and OFQUAL.



## Assessment

Learners will be continuously assessed by our instructor/Assessor throughout the course. All learners will have to successfully pass a multiple-choice questionnaire. Mobile phones are required to scan attendance and complete the final assessment.

To book a course or for more information,  
call us today on 0300 3020 999  
or visit [www.tigerlilytraining.co.uk](http://www.tigerlilytraining.co.uk)