# **Course Factsheet**

# **CTQ Emergency First Aid at Work** One Day (6 Hours) Face to face training at your place of work

### About this Course

This course is delivered at your work place and is suited to low-risk workplaces, such as an office environment where a risk assessment has identified the need for qualified work-based First Aiders.

Where a risk assessment identifies a high risk or you have more than 50 employees a 3 day FAW course maybe more suitable.

### Who is the course suitable for?

- Those with work place First Aider responsibility
- Those renewing a EFAW qualification
- Those wanting to gain first aid knowledge
- Those qualifying to provide support to current FAW first aiders
- Those with first on the scene first aid responsibility



### What to expect

- Comprehensive trainer-led
  practical training
- Additional content on heart related conditions & strokes
- Professional, qualified and dynamic trainers
- Specialist advisors to help you manage your booking
- Fully certified for 3 years
- Free online annual refresher

**Location, Duration & Numbers** 

Trainer led course delivered in at **your place of work** 

6 hours

As per HSE guidelines we restrict our courses to **12 learners per trainer**\*

\*no limit on number of trainers

## **Qualification Content**

- Roles & responsibilities of the first aider
- First aid kit
- Assessing an emergency situation & prioritising action
- CPR/AED
- Choking
- Seizures
- Heart related conditions & strokes
- Severe bleeding
- Shock/internal bleeding)
- Burns
- Minor injuries
- Final assessment

#### **Availability**

We will come to deliver the training at your place of work at a date and time that suits you.

#### Assessment

Learners will be continuously assessed throughout the course. Learners must also complete a final MCQ (multiple choice questionnaire).



### **Refresher Training** The HSE recommends learners update their skills annually.

### Certification

On completion of the course learners receive an Emergency First Aid at Work Certificate valid for 3 years, and meets HSE requirements.

Tigerlily Training are a CTQ accredited training centre.

Your certificate will comply with the requirements of the Health and Safety (First-Aid) Regulations 1981.



To **book** a course or for more information, call us **today** on 0300 3020 999 or **visit** www.tigerlilytraining.co.uk