

Course Factsheet

The logo for Tigerlily, featuring the word 'Tigerlily' in a white, sans-serif font. The 'i' in 'Tiger' has a red dot. The logo is overlaid on a circular image showing a person's hands using a red first aid kit on a wooden floor.

Emergency First Aid at Work

One Day (6 Hours)

Face to face training at one of our Open Venues

About this Course

This course is designed for nominated first aiders in a small, low risk working environment such as small office. The course covers emergency first aid protocols. For higher risk working environments or larger places of work the FAW course maybe more suitable.

Who is the course suitable for?

- Those with work place First Aider responsibility
- Those renewing a EFAW qualification
- Those wanting to gain first aid knowledge
- Those qualifying to provide support to current FAW first aiders
- Those with first on the scene first aid responsibility



6 hrs




Open Venue

What to expect

- Comprehensive trainer-led practical training
- Additional content on heart related conditions & strokes
- Professional, qualified, and dynamic trainers
- Specialist advisors to help you manage your booking
- Fully certified for 3 years
- Free online annual refresher

Location, Duration & Numbers

A green shield-shaped icon with a white checkmark inside, indicating a positive or confirmed status.

Trainer led course delivered in at one of our open venues

6 hours

As per HSE guidelines we restrict our courses to 12 learners per trainer*

*no limit on number of trainers



Qualification Content

- Roles & responsibilities of the first aider
- First aid kit
- Assessing an emergency situation & prioritising action
- CPR/AED
- Choking
- Seizures
- Heart related conditions & strokes
- Severe bleeding
- Shock/internal bleeding)
- Burns
- Minor injuries
- Final assessment

Availability

At our training centres, our courses run from 9.30 through to 16.45 - please arrive at least 15 minutes before the start time.

Assessment

Learners will be continuously assessed throughout the course. Learners must also complete a final MCQ (multiple choice questionnaire).

Refresher Training

The HSE recommends learners update their skills annually.

Certification

On completion of the course learners receive an Emergency First Aid at Work Certificate valid for 3 years, and meets HSE requirements.

Your certificate will comply with the requirements of the Health and Safety (First-Aid) Regulations 1981.



To book a course or for more information,
call us today on 0300 3020 999
or visit www.tigerlilytraining.co.uk