

Tigerlily Training Statement on the Use of De-Choking Devices

As a provider of **Regulated First Aid Training**, Tigerlily Training is committed to delivering instruction that aligns with the latest guidance from authoritative bodies including the **UK Resuscitation Council (UKRC)**, the **Early Years Foundation Stage (EYFS)**, and the **Health and Safety Executive (HSE)**.

We are aware of the growing interest in suction-based airway clearance devices such as the **LifeVac**. However, we do not currently endorse or include the use of these devices in our training programmes. This position is based on the **UK Resuscitation Council's official guidance**, which states that:

“We do not currently support their use, as there is insufficient research and evidence on the safety or effectiveness of these devices. We are concerned that the use of these devices could delay established treatments for choking. Appropriately trained healthcare professionals can already use advanced techniques such as suction or laryngoscopy and forceps for the removal of foreign body airway obstructions.”
— **Resuscitation Council UK, updated May 2024**

Instead, we continue to teach and promote the **evidence-based protocols** for managing choking incidents, including encouraging effective coughing, administering back blows, abdominal thrusts (for adults and children), and chest thrusts (for infants), followed by CPR if the individual becomes unresponsive.

To further support those working with and caring for infants, we offer a **monthly FREE Safer Feeding webinar**, designed to raise awareness and share best practices around feeding safety and choking prevention.

We remain committed to safeguarding lives through **trusted, regulated, and research-backed training**.

For more information, you can view the UK Resuscitation Council's full statement on [their official website](#).