

Course Factsheet



CTQ First Aid At Work Blended

Two Day Practical (12 hrs) + E - Learning (6 hrs)

Face to face

About this Course

This course is suited to workplaces where a risk assessment has identified the need for staff to have appropriate first aid skills and knowledge.

The first day is completed online via our interactive eLearning. The other 2 days are presented at your place of work. The course is delivered under the guidance of our specialist First Aid at Work trainers, using the latest training techniques to maximise learner recall and confidence, and meets HSE regulations. The e-Learning must be completed prior to the practical day as learners will be assessed on all areas of content.

Who is this Course for

All higher risk workplaces that have identified a need for comprehensive first aid e.g. light engineering and assembly work, food processing, warehousing, extensive work with dangerous machinery or sharp instruments, construction, chemical manufacture.

People new to first aid.

People needing to renew their first aid skills and knowledge.

A typical learner:

is at least 16 years old

is able to perform practical tasks at floor level has a minimum of Level 2 in literacy and numeracy or equivalent.

What to expect

- A regulated first aid qualification
- Comprehensive trainer-led practical training
- Professional, qualified, and dynamic trainers
- Specialist advisors to help you manage your booking
- Fully certified for 3 years



12 hrs +
6 hrs



At your
place of
work



e-Learning

Location, Duration & Numbers

Trainer led course
delivered **at your place
of work +
e- Learning**

**12 hours +
6 hrs**

As per HSE guidelines
we restrict our courses
to **12 learners
per trainer***

*no limit on number of trainers



Qualification Content

- Understand the role of the first-aider
- Preventing cross infection
- Recording incidents and actions
- Use of available equipment
- Assess the situation and circumstances in order to act safely, promptly and effectively in an emergency;
- Administer first aid to a casualty who is unconscious (breathing and not breathing)
- Administer CPR and use an AED
- Choking
- Wounds and bleeding and Shock (Hypovolemic)
- Minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters)
- Injuries to bones, muscles and joints, including suspected spinal injuries, fractures, dislocations, sprains and strains
- Abdominal & chest injuries
- Burns and scalds
- Eye injuries
- Poisoning
- Anaphylaxis and use of Adrenaline Auto Injectors (AAI)
- Heart attack and heart related conditions
- Strokes
- Seizures and epilepsy
- Asthma

Refresher Training

The HSE recommends learners update their skills annually.

Certification

Certification will be sent on successful completion of all assessment. Certificates will be valid for 3 years and meet the requirements of the HSE Guidelines.

Tigerlily Training are a CTQ accredited training centre.



Availability

We will come to deliver the training at your place of work at a date and time that suits you.

Assessment

Learners will be continuously assessed by our instructor/Assessor throughout the course. All learners will have to successfully pass a multiple-choice questionnaire. Mobile phones are required to scan attendance and complete the final assessment.

To **book** a course or for more information,
call us **today** on 0300 3020 999
or visit www.tigerlilytraining.co.uk